

Leader's Guide

How to use

On the first day of the series, give each child their own passport to use throughout. Each lesson will highlight a different country and comes with a video and activities that correspond with the featured country. At the end of the lesson, stamp each kid's passport with that country's flag stamp. By the end of the series, every child should have 5 stamps in their passport!

Resources

Included:

- Passport (printable)

- Daily videos

*Not included:

- Country flags

- Country stamps

*These items are not necessary to complete the week of activities, but it will enhance the experience if you can purchase each of the 5 country flags represented this week to use as visuals, as well as a stamp of the country flag to put in each passport at the end of each day.

THE SHOE THAT GROWS



Guatemala

Video

The Shoe That Grows Day 1

Fun Facts

1. In southern Guatemala there are more than 30 volcanoes that stretch between Mexico and El Salvador!
2. The population is divided between two groups—a native people group, and those from Hispanic origin. The Maya group is the indigenous group of people who make up less than half of the population.
3. The official language is Spanish but many documents have been translated into more than 20 Mayan languages.
4. The main items they grow and sell to other countries are sugar, coffee, and bananas!
5. One of the main foods eaten in Guatemala is tres leches cake which is a kind of cake that has been soaked in three different kinds of milk (evaporated milk, sweetened condensed milk, and cream).
6. Guatemalan people call chocolate “the food of the gods”.
7. After school buses are finished being used in the United States, they will send some buses to Guatemala where they are used as “chicken buses”. People paint the buses and use them as public transportation or sometimes to transport livestock.

How would Guatemala benefit from The Shoe That Grows?

The Guatemala City garbage dump is the largest in Central America. It contains over a third of the country’s waste, including discarded food, trash, recyclables, and even biohazardous materials. Approximately 13,000 people live in the city dump, and 50% of them are children. These families spend their days looking for any item of value in order to sell in the local markets. Many of these individuals do not have any footwear to protect their feet from broken glass or other harmful hazardous materials. The Shoe That Grows is a small product that can make a big impact on their daily lives.

Outside of Guatemala City, about two-thirds of all Guatemalan children are impacted by poverty. Over 81% of Guatemalans in poverty live in the countryside. Guatemala is mountainous, and the rugged terrain and lack of roads keep rural communities separate from the rest of the country. The separation leads to many years of communities stuck in a cycle of poverty. Addressing the need for shoes to help kids stay healthier and allow them to attend school is one way to help break the cycle of poverty.

THE SHOE THAT GROWS



GAME: BASKET CARRY

Description

It is common to see women carrying fruit or other items on their head as they transport items from the market to their house, or when selling to people along the streets.

Supplies needed

Basket
Plastic fruit or other household items
Timer
1 cone
1 sheet of paper and 1 pen

Preparation

None.

Instructions

Each child will get a chance to fill the basket with five items, put the basket on their head, and walk around the cone set at whatever distance you designate. If the basket falls off, they start from the beginning. Fastest time wins! If there is time, kids can attempt to break their own record.

VARIATION: For a group of 10 or more, turn this into a relay between two teams, using two baskets!

THE SHOE THAT GROWS

